

Uaai:

MyCAF Profile

MyCAF Profile: Confidence

Your top 3 attributes are:

- Storytelling
- Curiosity
- Communication

MyCAF Profile: Relevance

Your top 3 attributes are:

- Storytelling
- Curiosity
- Proactivity

MyCAF Profile: Reflection

Your reflective statement:

In terms of my creative practice I feel that story telling is one of the most relevant creative attributes. Being able to tell a story allows me to lead the audience/viewer through the work and help them understand the reason as to why I made the work and why I believe that it was relevant to make work on X subject. Curiosity is important because it makes me want to learn more about different forms of art, different social justice issues, and different cultures.

Proactivity is one that is very relevant to me but as a procrastinator its one I'm not very confident about. I need to be able to allow myself to just make art and not instantly worry about how 'good' it is. Resilience is something that I would like to improve on, I think I find it difficult to feel good about my work when I have faced criticism, at times I have felt as if it was impossible to get others to see my point of view that led to the art I was making.

Where do I want to be?

Creative Attribute 1

Storytelling

This is something I am very confident in but I would still like to work on continuing to improve and look at different ways of leading the viewer through the meaning behind my art.

Creative Attribute 2

Curiosity

For me curiosity is how all my projects start. Wanting to learn more about a topic, what it means to me, my view on said topic etc. Curiosity sparks creativity and for me is the starting point for my ideas.

Creative Attribute 3

Proactivity

This is important for me but I'm not very confident about this one. I procrastinate a lot and I feel my fear of failure is holding me back from trying new things. I also feel like I underestimate myself a lot which stops me from putting myself out there in terms of creative opportunities.

Revisit anytime:

[MyCAF Report.](#)